



Mystic Tan Before & After Tanning Instructions

Pre-Tanning Instructions

- Exfoliate and shave the day before or day of your Mystic Tan
- Avoid the use of moisturizers, perfumes, oils or deodorants the day of your Mystic Tan
- Bring a hair head band and rubber band the day of your Mystic Tan
- The DHA can stain your undergarments. Refrain from dressing until your skin is completely dry. You may want to wear older underwear just in case.

Post-Tanning Instructions

- Wait to shower until at least 4 hours after tanning. For optimum results, wait 8 hours to shower and avoid the use of soaps. When possible, just rinse with water in your first shower after tanning.
- Avoid COCONUT OIL or products containing coconut oil as this breaks down the DHA. You may produce streaks or blotches in your tan.
- Avoid swimming in chlorinated or salt water as this may fade your results and possibly cause streaking and diminish the length of your tan.
- The bronzer used in your Mystic Tan will not stain your clothing. It is water soluble and will rinse out in the next wash with cold water.
- In some instances, the DHA may permanently stain undergarments worn immediately after a Mystic Tanning session.
- Consult with the Sculpt Away team about ways to enhance your Mystic Tan results.

Cancellation Policy- I agree to confirm my appointment with Sculpt Away two (2) days prior to my appointment. If for any reason I am unable to make my appointment at Sculpt Away, I agree to contact Sculpt Away no later than 3PM the day prior to my appointment. I further understand that if I do not comply with this policy, I will owe a \$35 missed appointment fee and I agree to this policy. I understand that if I arrive more than 15 minutes late for my appointment I may be required to reschedule in order to avoid disrupting the appointments of other patients.