



Facial, Chemical Peel, Microdermabrasion, & Dermaplaning Pre & Post Instructions

Pre Treatment Instructions

FACIAL

- Avoid sun exposure and tanning beds 2 days prior to treatment.
- Use SPF 30+ daily, but at least 2 days prior to facial.

MICRODERMABRASION, DERMAPLANING & CHEMICAL PEEL

- Avoid use of Accutane for 6 months prior to procedure.
- Avoid sun exposure, self tanners and tanning beds for at least a week prior to the treatment.
- Discontinue use of products containing retinol, hydroquinone, glycolic or salicylic acid, retinoids (Retin A, Tri-Luma, Renova, etc), benzoyl peroxide, astringents and topical acne products for a week before your procedure.
- Do not wax, tweeze or use a depilatory on treated areas for one week prior to treatment.
- Facial hair should be shaved a day before treatment but not on the same day as the treatment.
- Avoid laser procedures, electrolysis and dermal fillers for 2-3 weeks prior to the treatment and avoid botox for 1-2 weeks before the treatment.

Post Treatment Instructions

ALL – FACIAL, MICRODERMABRASION, DERMAPLANING & CHEMICAL PEEL

- Avoid sun exposure and tanning beds for 3 days after treatment.
- Daily SPF 30+ and wear a hat.
- Some redness and swelling may be expected.
- Wash the area gently; avoid harsh products; avoid heat.

MICRODERMABRASION, DERMAPLANING & CHEMICAL PEEL

- Use your post procedure kit from Sculpt Away.
- Avoid exercise, heat or perspiration for 24 hours after the treatment.
- Do not use products containing retinol, hydroquinone, glycolic or salicylic acid, retinoid (Retin A, Tri-Luma, Renova, etc.), benzoyl peroxide, astringents and topical acne products for at least 3 days after treatment. (use your Sculpt Away post procedure kit)
- Some peeling may occur in treated areas; do not pick or scratch any of the treated areas.
- Acne may flare up if the skin is congested as the treatments purge the skin of impurities.
- Do not wax, tweeze, or use depilatory on treated areas for at least on week.

Cancellation Policy- I agree to confirm my appointment with Sculpt Away two (2) days prior to my appointment. If for any reason I am unable to make my appointment at Sculpt Away, I agree to contact Sculpt Away no later than 3PM the day prior to my appointment. I further understand that if I do not comply with this policy, I will owe a \$35 missed appointment fee and I agree to this policy. I understand that if I arrive more than 15 minutes late for my appointment I may be required to reschedule in order to avoid disrupting the appointments of other patients.