



VI Peel Pre & Post Instructions

Pre Treatment Instructions

- Avoid the following procedures to the area being treated for 7 days before your VI Peel: Electrolysis, Depilatory Creams, Laser Treatments

Post Treatment Instructions

DAY 1

- Immediately after your peel, your skin may look "tan" & may be slightly pink and shiny
- Please wash your skin after 4 hours. You may apply a thin layer of post peel protectant (moisturizer included) as needed. Apply the SPF if it is daylight.
- One hour before going to bed, wash your face with a mild cleanser, dry well and apply one of the post peel towelettes to the peeled areas. If you experience extreme itchiness or irritation, wash with cool water.

DAY 2

- Cleanse skin with a mild cleanser and gently pat dry.
- Continue to apply a light layer of the post peel protectant 2-4 times per day as needed. Apply SPF after every application during daylight hours.
- One hour before bed, wash face with a mild cleanser, dry well and apply one of the post peel towelettes to the peeled areas. If you experience extreme itchiness or irritation, wash with cool water.

DAY 3-5

- You will start the peeling process by seeing a slight sloughing of the skin, first around the mouth area, then in surrounding treated areas. Refrain from picking or pulling at the skin during this process.

DAY 6-10

- Continue to treat the skin gently, and do not scrub.
- Avoid any facial treatments until the skin is no longer sensitive.
- Resume any topical prescriptions (Retin A, Renova, etc.) when skin feels back to normal.

IT IS VERY IMPORTANT THAT YOU FOLLOW THE POST PEEL INSTRUCTIONS IN YOUR VI PEEL TAKE HOME KIT FOR THE WEEK FOLLOWING YOUR PEEL.

Cancellation Policy- I agree to confirm my appointment with Sculpt Away two (2) days prior to my appointment. If for any reason I am unable to make my appointment at Sculpt Away, I agree to contact Sculpt Away no later than 3PM the day prior to my appointment. I further understand that if I do not comply with this policy, I will owe a \$35 missed appointment fee and I agree to this policy. I understand that if I arrive more than 15 minutes late for my appointment I may be required to reschedule in order to avoid disrupting the appointments of other patients.